



Health Services

Seizure Emergency Care Plan

Emergency action may be necessary when the student has seizure activity symptoms such as:

Grand Mal: Tonic-body rigid with back arched, clonic-convulsive shaking

Petit Mal: (absence spells) Very brief (10-20 seconds) period of cessation of motion.

Focal: (partial) Seizure of one part of body, usually on one side

Psychomotor: (complex partial) Purposeful but inappropriate motor acts, often repetitive.

If You See This	Do This
<ul style="list-style-type: none"> • Not mentally alert as evidenced by difficulty concentrating or appearing confused • Sudden cry, gurgling/grunting • Falling down, thrashing/jerking • Rigid/stiff • Loss bowel/bladder • Shallow breathing, difficulty swallowing or breathing • White or pink froth from mouth • Extreme paleness/gray color, clammy skin • Blue discoloration around mouth, lips and fingernails • Unresponsive/Loss of consciousness <p>*Call 911 immediately for seizures caused by injury or someone who has no history</p>	<p><u>Stay with student, keep student calm/quiet</u></p> <ol style="list-style-type: none"> 1. Prevent student from hurting themselves by breaking the fall and/or moving nearby objects away. Loosen constricting clothes around neck. Begin timing seizure. 2. Send for School Nurse and state student's name 3. Clear room of other students 4. Monitor breathing. If vomiting occurs, turn student to their side to prevent aspiration/choking * DO NOT restrain or place fingers in students' mouth 5. Notify Administration 6. Nurse /Administration will notify Parent/Guardian *If this is a known student who has seizures and is their normal pattern: comfort, reorient and allow student to rest <p><u>CALL 911 immediately and administer Diastat if trained:</u></p> <ol style="list-style-type: none"> 1. Seizure lasts more than 5 minutes or minutes per doctors' orders 2. Two or more consecutive seizures 3. Continues to have bluish/pale skin/lips 4. Noisy breathing or difficulty breathing 5. Unresponsive/Loss of Consciousness <p>Initiate CPR if necessary. (The need for resuscitation would be extremely rare).</p>

DIASTAT Protocol:

Please do not give DIASTAT® AcuDial™ until trained:

1. Call 911 and clear the room of other students if not already initiated.
2. Put person on their side where they can't fall.
3. Get medicine. Confirm prescribed dose is visible and if known, is correct.
4. Push up with thumb and pull to remove cap from syringe. Be sure Seal Pin is removed with the cap.
5. Lubricate rectal tip with lubricating jelly.
6. Turn person on side facing you.

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7. Bend upper leg forward to expose rectum.
8. Separate buttocks to expose rectum
9. Gently insert syringe tip into rectum. Note: Rim should be snug against rectal opening.
10. Slowly count to 3 while gently pushing plunger in until it stops.
11. Slowly count to 3 before removing syringe from rectum.
12. Slowly count to 3 while holding buttocks together to prevent leakage
13. Keep person on side facing you, note time given and continue to observe.
14. Record time of administration

An **Emergency Care Plan (ECP)** is a plan that gives specific steps for school staff to take when a student has a medical emergency. The plan contains a short definition of the condition, signs and symptoms of the health condition that are emergent and a written step-by-step instruction that outlines what school staff should do for that emergency. Skyward provides information regarding the student's medical condition and parental/guardian's contact information. Health Conditions and ECPs are to remain confidential. Please keep in a secure location and not out in the open.

- We ask that teachers familiarize themselves with the ECPs that are applicable to students' health condition/s in their class. Ask privately:
 1. If the student uses emergency medication/s
 2. If the student keeps emergency medication/s with them
 3. If the student keeps emergency medication/s in the schools' clinic
- Fill out the Student Health Condition List. Print out as many as needed or one per class period.
- Leave the Student Health Condition List and ECPs pertinent to current health conditions in the substitute teacher folders in a secure location
- Ask the school nurse to meet in order to answer any questions on student's health condition or to provide training on emergency medication/s